Nancy Cascade - the Nancy Pond Trail starts off Rt. 302, south of Crawford Notch. The 2.4 mile hike in, which is of moderate difficulty, brings you to a series of lovely cascades that are shady and cool. The total drop is thought to be about 400'.

Ripley Falls & Kedron Flume - at the Willey House Historic Site on Rt. 302, Crawford Notch. Take the Arethusa-Ripley Falls trail; about half a mile in the trail turns left to reach 100' high Ripley Falls. Do Not clamber over the face of the falls... It is slippery. To reach Kedron Flume, take the trail which begins near the gift shop.

Silver & Flume Cascade; Beecher Cascades & Peal Cascade; Gibb Falls - North of Rt. 302 in Crawford Notch. Flume and Silver Cascades can be seen from your car window, but to really appreciate them, take a closer look. Two large lots provide ample parking. To reach Beecher and Pearl Cascades, park behind the Crawford Depot (further west on Rt. 302) and make the easy .4 mile hike in beginning on the Avalon Trail, then following signs. If you'd like to see a fifth falls, head up Crawford Path to 35' Gibb Falls, which begins across Rt. 302 from Crawford Depot for a .4 mile hike.

Thompson's Falls - these are actually a series of falls along Thompson Brook at Wildcat Ski Area, Rt. 16 Pinkham Notch. To reach the falls, take the Wildcat Nature Trail from the ski area’s parking lot; at the far end of the trail’s loop, you’ll find the path to the falls. Stay on the east side of the brook when you cross the service road which leads to parking lot C. It’s an easy .7 mile trek to the falls. If you follow the path to the right on the first waterfall, across ledges to the north side of the brook and continue on to a higher ledge, you’ll discover fabulous views of Mt. Washington.
Incredibly Refreshing Waterfalls

What ever the weather Waterfalls are an exquisite site to behold. In fact, if it is rainy the Waterfalls may be running strong and your experience will be one of power and awe. Always remember that mother nature’s strength can overcome even the fittest of athletes therefore it is important not to enter any water ways where safety is questionable, swim only where permitted, proper foot gear is a must when hiking or walking near Waterfalls. Waterways are always slippery and sometimes dangerous. Always think Safety First! Should you decide to visit any of our listed Waterfalls you do so at your own risk. We ask that you help keep these areas as pristine and beautiful as they are... Do not leave any back packing materials behind, especially if you picnic.

Waterfalls provide a spectacular show during their spring run-offs, cool us with their mists during the summer’s heat, reflect the brilliant colors of our autumn leaves and create some of the most remarkable sculptures of snow and ice in winter. New Hampshire’s White Mountains have over 100 inviting Waterfalls just waiting to entertain you. Many of these Waterfalls are relatively easy to get to and visible from your car. One such Waterfall is our own, famous, Jackson Falls running along side of Carter Notch Road... Smack dab in the middle of our Quintessential New England Village of Jackson.

The following is a list of the most visited (of the more than 100) Waterfalls in the White Mountains area. For detailed directions to the Waterfalls where a hike in is required we, highly recommend that you get an Appalachian Mountain Club “Guide to the White Mountains” or “Waterfalls of the White Mountains” by Bruce and Doreen Bolnick. You will find both at a local book store or sporting goods shop.

Lower Ammonoosuc Falls - Old Cherry Mountain Road, off Rt. 302 between Twin Mountain and Fabyans. Take an immediate left (before the railroad tracks) and park in the area at the end of this paved road. Walk down the dirt road at the end of the parking lot (about a .1 mile hike).

Arethusa Falls - Approximately 200’ high. 1 1/2 mile path south of Willey House site off Route 302 in Crawford Notch. Arethusa may be your destination, but Bemis Brook and Coliseum Falls are a bonus: these two are along the way to Arethusa. They are an easy .5 mile hike in, while Arethusa is 1.3 miles in on a hike of moderate difficulty. Arethusa is best viewed from below. Do not try rock scrambling: the rocks are unsafe.

Crystal Cascade - 80’ high, in 2 drops - .3 miles trail from Pinkham Notch Camp of AMC, off Rt. 16 in Gorham. These falls are electrifying. The last part of the path is somewhat steep, but leads to an excellent view point.

Diana’s Baths - 200 yards of granite terraces, .5 mile from the turn-off to Cathedral Ledge on West Side Road, Bartlett. An easy .5 mile walk in takes you to cascading falls, waterspouts and granite basins along Lucy Brook.

Glen Ellis Falls - 65’ high. Turn off .7 mile south of Pinkham Notch on Rt. 16; use the parking area for the Glen Boulder and Wildcat Ridge Trails. A pedestrian tunnel takes you to the other side of the highway where you turn right and walk .2 mile to the falls. For the most dramatic view, follow the footpath down steep stone steps.

Jackson Falls - Runs along side of Carter Notch Road, off Rt. 16A near the center of Jackson Village. Very accessible, these roadside falls are popular for picnics, sunbathing and even weddings. The falls are created by the rushing waters of the Wildcat River, the first federally-designated “Wild and Scenic River” in New Hampshire.

Lower Falls, Rocky Gorge & Sabbaday Falls - On the Kancamagus Highway (Rt. 112). Lower Falls is 7 miles west of Conway, while Rocky Gorge is 2 miles further on and requires a .1 mile easy walk in. Lower Falls is right on the Kancamagus, and is a busy spot on hot summer days. It has pools, small sandy beaches, picnic tables, parking and changing rooms. Rocky Gorge has picnic tables and parking. However swimming is prohibited in the Gorge. Sabbaday Falls is located 3.5 miles west of where Bear Notch Road joins the Kancamagus. You can’t swim here, but the 25’ falls beauty is worth the easy .3 mile hike in.